

	School of Health, Education and Human Services
	NURS 1201
	Adult Health Assessment
	Term: Winter 2023
	Number of Credits: 3
Course Outline	

INSTRUCTOR: Catherine Bradbury
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COURSE DESCRIPTION

Course focuses on physical, psychosocial and cultural health assessment of the adult population. Emphasis falls on differentiating normal from abnormal findings and the significance of the findings. A nursing lab component requires learners to demonstrate competence in adult health assessments.

COURSE REQUIREMENTS

Prerequisite(s):

Earn a minimum grade of C in each of the following courses

ANAT1101 - Anatomy And Physiology (6)

COMM1101 - Interpersonal Relationships And Communication Skills (3)

ENGL1201 - English Composition (3)

NURS1101 - Nursing Arts (3)

Earn a minimum grade of B in each of the following courses

NURS1202 - Nursing Foundations 1 (3)

Earn a minimum grade of B+ in each of the following courses

NURS1301 - Mathematical Principles of Medication Administration (3)

EQUIVALENCY OR TRANSFERABILITY

Receiving institutions determine course transferability. Find further information at:

<https://www.yukonu.ca/admissions/transfer-credit>

LEARNING OUTCOMES

Upon successful completion of the course, students will be able to:

- 1 Demonstrate complete and accurate assessments, including vital signs on simulated patients
- 2 Distinguish between normal and abnormal physical and psychosocial assessment findings
- 3 Communicate and document assessment findings using appropriate and accurate terminology
- 4 Identify how culture and diversity affect individual's health assessments

COURSE FORMAT

Weekly breakdown of instructional hours

Each topic will be explored through a combination of classroom activities and lab practice. Students will be expected to come to class with readings complete in order to use time in the classroom reviewing the topic and then practicing the relevant assessment skills.

Delivery format

In person learning is essential for this course. If indicated, some theory may be covered through video conference. On line activities in Moodle will be included.

EVALUATION

Course learning outcomes	Assessment	Weight
1,2,3,4	Lab Assessment	30%
1,2,3,4	Learning activities	30%
2,3,4	Exam	35%
2,3	Documentation assignment	5%
	Total	100%

An overall minimum final mark for this course must be 75%, letter grade B, grade point value of 3.0 to pass this course.

All assessed elements must be completed in order to pass the course. Unless there is a prior agreement with the instructor, late assignments will be subject to a deduction of 5% of the grade for every day late. Instructors are not required to accept late assignments if no extension has been granted.

COURSE WITHDRAWAL INFORMATION

Refer to the YukonU website for important dates.

TEXTBOOKS & LEARNING MATERIALS

Jarvis, C., Browne, A. J., MacDonald-Jenkins, J., Luctkar-Flude, M. (Eds.). (2019). *Physical examination & health assessment* (3rd Canadian ed.). Elsevier Canada.

Evolve online is available with the purchase of the textbook. You will receive an access code allowing you to access the online textbook and resources.

Additional learning resources may be found in the Course Offering Information or in Moodle

ACADEMIC INTEGRITY

Students are expected to contribute toward a positive and supportive environment and are required to conduct themselves in a responsible manner. Academic misconduct includes all forms of academic dishonesty such as cheating, plagiarism, fabrication, fraud, deceit, using the work of others without their permission, aiding other students in committing academic offences, misrepresenting academic assignments prepared by others as one's own, or any other forms of academic dishonesty including falsification of any information on any Yukon University document.

Please refer to Academic Regulations & Procedures for further details about academic standing and student rights and responsibilities.

ACCESSIBILITY AND ACADEMIC ACCOMMODATION

Yukon University is committed to providing a positive, supportive, and barrier-free academic environment for all its students. Students experiencing barriers to full participation due to a visible or hidden disability (including hearing, vision, mobility, learning disability, mental health, chronic or temporary medical condition), should contact [Accessibility Services](mailto:access@yukonu.ca) for resources or to arrange academic accommodations: access@yukonu.ca.

TOPIC OUTLINE

- 3 Hours Introduction to Adult Health Assessment
- 3 Hours Complete Health History
- 3 Hours Mental Health Assessment, Substance Use, and Interpersonal Violence
- 6 Hours General Survey, Measurement, and Vital Signs
- 3 Hours Pain Assessment
- 3 Hours Skin, Hair, and Nails Assessment
- 3 Hours Head, Face, Neck, and EENT Assessment
- 3 Hours Thorax and Lungs Assessment
- 3 Hours Heart, Peripheral Vascular and Lymphatic System Assessments
- 3 Hours Abdomen, Anus, and Rectum Assessments
- 3 Hours Musculoskeletal System Assessment
- 3 Hours Neurological System Assessment
- 3 Hours Genitourinary System Assessment
- 3 Hours Complete Health Assessment

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